

NATURE WHEY

Moccaccino Flavour

Food supplement. Powder with whey protein, L-glutamine and calcium. With sweeteners. Contains caffeine. Not suitable for children and pregnant women. (32 mg of caffeine / 30 g; 64mg of caffeine / 60 g). Flavour: Moccaccino.

Ingredients: Whey protein concentrate (55 %), whey protein isolate (30 %), L-glutamine, psyllium husk powder (3,3%), coffee extract (2,7 %), colour ammonia caramel, emulsifier lecithins (sunflower¹), low-fat cocoa powder (0,7 %), flavouring, calcium citrate, sweeteners (sucralose, steviol glycosides from stevia). **Allergen Information:** Temporary replacement of „lecithins (sunflower)“ by „lecithins (**soy**)“.

Average nutritional values	per 100 g	per serving (30 g)	% NRV* per serving (30 g)	per 2 servings (60 g)	% NRV* per 2 servings (60 g)
Energy	1573 kJ 372 kcal	472 kJ 112 kcal		944 kJ 223 kcal	
Fat of which saturates	4,3 g 2,5 g	1,3 g 0,7 g		2,6 g 1,5 g	
Carbohydrates of which sugars	5,6 g 3,2 g	1,7 g 1,0 g		3,4 g 1,9 g	
Protein	76 g	23 g		45 g	
Salt	0,69 g	0,21 g		0,41 g	
Calcium	467 mg	140 mg	18 %	280 mg	35 %
Other substances					
Amino acids					
Free L-Glutamine	5,0 g	1,5 g		3,0 g	
Total amino acids					
L-Leucine** (BCAA***)	7,2 g	2,2 g		4,3 g	
L-Isoleucine** (BCAA***)	4,4 g	1,3 g		2,6 g	
L-Valine** (BCAA***)	4,1 g	1,2 g		2,4 g	
L-Lysine**	6,4 g	1,9 g		3,8 g	
L-Methionine**	1,4 g	0,4 g		0,9 g	
L-Phenylalanine**	2,1 g	0,6 g		1,3 g	
L-Threonine**	4,6 g	1,4 g		2,7 g	
L-Tryptophan**	1,2 g	0,4 g		0,7 g	
L-Histidine	1,2 g	0,4 g		0,7 g	
L-Arginine	1,7 g	0,5 g		1,0 g	
L-Cysteine	1,5 g	0,5 g		0,9 g	
Glycine	1,2 g	0,4 g		0,7 g	
L-Alanine	3,4 g	1,0 g		2,0 g	
L-Serine	3,5 g	1,0 g		2,1 g	
L-Proline	3,9 g	1,2 g		2,3 g	
L-Tyrosine	2,0 g	0,6 g		1,2 g	
L-Asparagine + L-Aspartic acid	7,2 g	2,2 g		4,3 g	
L-Glutamine + L-Glutamic acid	16,8 g	5,0 g		10,1 g	

* NRV = Nutrient Reference Values ** = essential amino acids *** BCCA = Branched Chain Amino Acids

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Use: For one serving mix 30 g of powder (= 3 level measuring spoons) with 200 ml of water in a shaker for 20 seconds. Take 1-2 servings per day. The use after your training is especially recommended.

Important information: Do not exceed the stated recommended daily dose. Keep out of reach of young children. This product should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

Store in a cool and dry place.

Contents: 600 g (=20 servings)