

# THERMO CAPS

**Food supplement with plant extracts, L-carnitine and vitamin B complex. Contains caffeine. Not recommended for children and pregnant women. [212 mg of caffeine per daily serving (4 capsules)].**

**Ingredients:** Extract mixture from grapefruit, guarana and orange, green tea extract, glazing agent hydroxypropyl methylcellulose, L-carnitine, bulking agent microcrystalline cellulose, caffeine, release agents (magnesium salts of fatty acids, silicium dioxide), niacin, pantothenic acid, vitamin B6, vitamin B2, vitamin B1, folic acid, biotin, vitamin B12.

Average content	per daily serving [= 4 capsules]	% NRV *
<b>Vitamins</b>		
Niacin	8,0 mg	50 %
Pantothenic acid	3,0 mg	50 %
Vitamin B6	0,70 mg	50 %
Riboflavin (=Vitamin B2)	0,70 mg	50 %
Thiamine (=Vitamin B1)	0,55 mg	50 %
Folic acid	100 µg	50 %
Biotin	25 µg	50 %
Vitamin B12	1,3 µg	50 %
<b>Other ingredients</b>	6,0 mg	50 %
Plant extracts (Sinetrol®Xpur) of which	900 mg	**
Grapefruit extract	450 mg	**
Guarana extract	90 mg	**
Orange extract	44 mg	**
Green tea extract of which polyphenols of which (-)-epigallocatechin-3-gallate (EGCG)	800 mg 784 mg 400 mg	** ** **
L-Carnitine	500 mg	**
Total caffeine of which caffeine from guarana extract	212 mg 14 mg	** **

\* Percent of Nutrient Reference Value

\*\* No Nutrient Reference Values available

**Use:** For one serving swallow 2 capsules with enough liquid. Take 1 serving with your breakfast and 1 serving in the afternoon together with a meal or snack. Do not consume the product together with alcohol.

**Important information:** Do not exceed the stated recommended daily dose! Keep out of reach of young children. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Should not be consumed if you are consuming other products with green tea on the same day. Should not be consumed by pregnant and lactating women and children below 18 years old. Should not be consumed on an empty stomach. Do not consume a daily amount of 800 mg of (-)-epigallocatechin-3-gallate or more.

**Store in a cool and dry place.**

**Contents: 120 capsules (= 60 servings/30 daily servings) = 99,8 g**