



DAILY GLOW PROTEIN

Dutch Chocolate Flavour

Protein concentrate with calcium, magnesium and 10 vitamins for preparing a shake.

With sweeteners. Flavour: Dutch Chocolate.

Ingredients: **Milk** protein (68 %), **whey** protein concentrate (9 %) (with emulsifier lecithins (sunflower)), **soy** protein isolate (9 %), low-fat cocoa powder (7 %), **egg** protein powder (3 %), magnesium carbonate, L-carnitine (1 %), thickener xanthan gum, sweeteners (cyclamate, saccharin, acesulfame K), vitamin C, flavouring, niacin, vitamin E, pantothenic acid, vitamin B6, vitamin B2, vitamin B1, folic acid, biotin, vitamin B12.

Average nutritional values	per 100 g	% NRV* per 100 g	per serving with water 30 g, 300 ml	% NRV* per serving with water 30 g, 300 ml	per serving with low-fat milk (1,5% fat) 30 g, 300 ml	% NRV* per serving with low-fat milk (1,5% fat) 30 g, 300 ml
Energy	1484 kJ 350kcal		445 kJ 105 kcal		1038 kJ 246 kcal	
Fat	2,6 g		0,8 g		5,3 g	
of which saturates	1,5 g		0,5 g		3,7 g	
Carbohydrates	3,2 g		1,0 g		15 g	
of which sugars	2,2 g		0,7 g		15 g	
Protein	77 g		23 g		33 g	
Salt	0,55 g		0,16 g		0,52 g	
Vitamine						
Vitamin C	267 mg	334 %	80 mg	100 %	85 mg	107 %
Niacin	53 mg	333 %	16 mg	100 %	16 mg	102 %
Vitamin E	40 mg	333 %	12 mg	100 %	12 mg	101 %
Pantothenic acid	20 mg	335 %	6,0 mg	101 %	7,1 mg	118 %
Vitamin B6	4,7 mg	333 %	1,4 mg	100 %	1,5 mg	110 %
Riboflavin (=Vitamin B2)	4,8 mg	342 %	1,4 mg	103 %	2,0 mg	141 %
Thiamin (=Vitamin B1)	3,7 mg	335 %	1,1 mg	101 %	1,2 mg	111 %
Folic acid	696 µg	348 %	209 µg	104 %	224 µg	112 %
Biotin	169 µg	337 %	51 µg	101 %	63 µg	125 %
Vitamin B12	10 µg	402 %	3,0 µg	121 %	4,2 µg	169 %
Magnesium	312 mg	83 %	93,5 mg	25 %	130 mg	35 %
Calcium	1219 mg	152 %	366 mg	46 %	720 mg	90 %

* Percent of Nutrient Reference Values



Use: For 1 serving mix 30 g of powder (1 sachet) with 300 ml of water or low-fat milk (1,5 % fat) in a shaker. Take 1 serving per day after your workout. **Important information:** This product does not replace a balanced and varied diet and a healthy lifestyle.

Store in a cool and dry place.

Contents: 30 g (1 serving)