

VITAMINS + MINERALS

Exotic Bloody Orange Flavour

Food supplement. Powder with vitamins and minerals for preparing with water. With sweetener.
Flavour: Exotic Bloody Orange.

Ingredients: Glycine, oligofructose, acid citric acid, magnesium carbonate, sodium citrate, sodium chloride, flavouring, colouring food red beet juice powder, sweetener steviol glycosides from stevia, vitamin C, ferrous sulfate, vitamin E, zinc sulfate, niacin, manganese gluconate, pantothenic acid, copper gluconate, vitamin B6, vitamin B2, vitamin B1, potassium iodate, sodium selenite, folic acid, biotin, vitamin B12, colour beta-carotene.

Average content	per daily serving [15 g]	% NRV*
Vitamin E (α-TE)	12 mg	100 %
Vitamin C	80 mg	100 %
Thiamine (=Vitamin B1)	1,1 mg	100 %
Riboflavin (=Vitamin B2)	1,4 mg	100 %
Niacin (NE)	16 mg	100 %
Vitamin B6	1,4 mg	100 %
Folic acid	200 µg	100 %
Vitamin B12	2,5 µg	100 %
Biotin	50 µg	100 %
Pantothenic acid	6,0 mg	100 %
Sodium	496 mg	**
Magnesium	375 mg	100 %
Iron	14 mg	100 %
Zinc	10 mg	100 %
Copper	1,0 mg	100 %
Manganese	2,0 mg	100 %
Selenium	55 µg	100 %
Iodine	150 µg	100 %
Glycine	4,3 g	**
Oligofructose	4,2 g	**

* NRV= Nutrient Reference Values ** No recommendation available

Average nutritional values	per 100 g	per 15 g
Energy	1143 kJ 271 kcal	171 kJ 41 kcal
Fat of which saturates	< 0,5 g < 0,1 g	< 0,5 g < 0,1 g
Carbohydrates of which sugar	5,2 g 1,8 g	0,8 g < 0,5 g
Fibres	27 g	4,0 g
Protein	34 g	5,1 g
Salt	8,3 g	1,2 g

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Use: For one serving mix 15 g of powder (= 2 measuring spoons) with 200 ml of cold water in a shaker for 20 seconds. Take 1 serving per day.

Important information: Do not exceed the stated recommended daily dose. This product should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of young children. Do not take other food supplements with zinc additionally to this product.

Vitamins + Minerals contains a wide range of vitamins and minerals that contribute to physical and mental performance of athletes. Vitamin B1, B2, B6, B12, niacin, magnesium and iron contribute to a **normal energy metabolism**. Iron, zinc and iodine contribute to a **normal cognitive function**.

Store in a cool and dry place.

Contents: 300 g [=20 Servings]